



The DaisyPeel.com Fall 2012

Handling Class Workbook

Foreward

Where do these exercises come from?

These exercises are published at the end of each session of the DaisyPeel.com Online Classroom. They are all of the exercises presented in the Online Handling Class, available for you to view.

Students in the Online Handling class get access to these exercises, and much more. Working students submit videos of themselves with their dogs working through these sequences, and get feedback from me (Daisy Peel) on each sequence. Auditors and workers alike get to ask questions on the sequences, and on the submitted videos, and get answers to their questions from me as well.

Interested in joining?

For information on when the next session of classes is starting, [VISIT THE ONLINE CLASSROOM](#) today, and [sign up to be on my email list](#), so that you can get notifications about when ebooks like this are available, when classes start, and more.

In addition to teaching online handling classes, I also teach online foundation classes, as well as my Clear Mind class - a class geared specifically toward goal setting and improving your mental game in a competitive environment.

You can learn more about my Online Classes, as well as other helpful content I've put together for you and your dog, by visiting me at:

<http://www.daisypeel.com>

About Me (Daisy Peel)

I'm a 20+ time National Finalist, a 5-time National Champion, 10-time USA Team Member, 4-time

International Agility Champion, and World Agility Open Gold Medallist.

More importantly, though, I'm a teacher.

I've been teaching in some capacity since 2000 - first as a high school chemistry teacher, and then, starting in



2005, as an agility instructor.

My accomplishments may have gotten your attention, but I hope that it is my passion for teaching and my skill as an instructor that will actually benefit you as a student.

I enjoy teaching students from all over the world, from the USA, to Canada, to Colombia, and several European countries, as well as Australia and New Zealand!

I also teach private lessons, workshops, and seminars, at my Clear Mind Agility Hall in Oregon, USA, and around the world.

Social

You can stay in touch with me in a variety of ways:



<http://www.facebook.com/daisy.peel>



http://twitter.com/_DaisyPeel



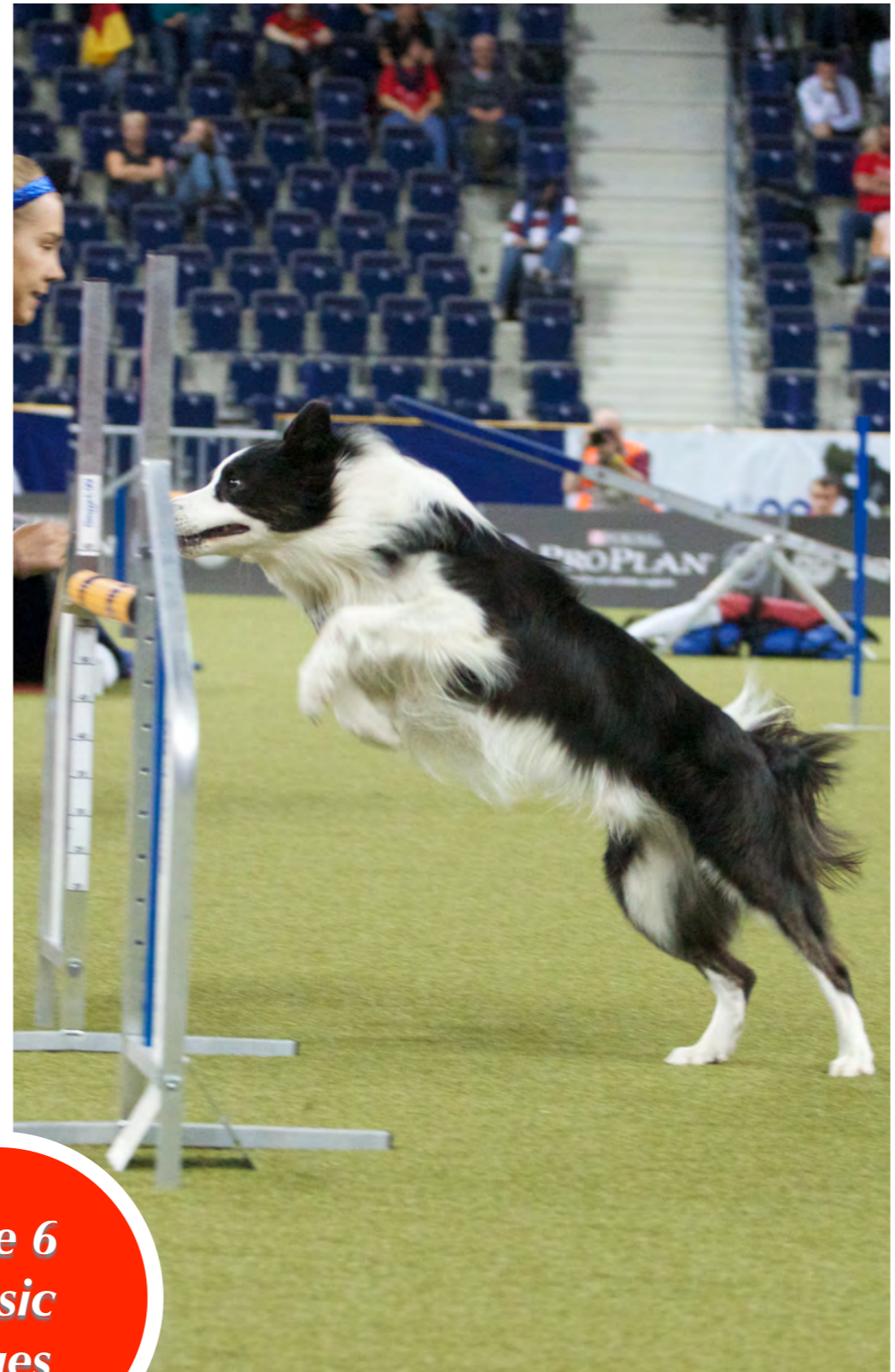
<http://1.daisypeel.com/Y4MveL>



<http://www.linkedin.com/in/daisypeel>

Activity 1

At the beginning of each session, I ask my students to refamiliarize themselves with the concept of the “Six Basic Cues”. Do you know what the Six Basic Cues are? Quiz yourself, and then check on the next page to see if you’ve remembered! If you’re not familiar with the Six Basic Cues, check out Linda Mecklenburg’s great book, “[Developing Handling Skills](#)” - available through my website [HERE](#).



*The 6
Basic
Cues*

The Six Basic Cues

Did you remember?

1. *Motion*
2. *Shoulders*
3. *Location*
4. *Eyes*
5. *Hands/Arms*
6. *Verbal Cues*

In my opinion, ALL agility is about the Six Basic Cues, and the infinite cue combinations you can achieve by learning how to master your understanding of those Six Basic Cues! We revisit this in the Online Handling Class, again and again, each session.

The Six Basic Cues

Here's a short video I put together on the Six Basic Cues:



Here's the URL of the video:

<http://www.youtube.com/watch?v=rdmgKR8c7CM>

Activity 1- Penguin Drills

Clean Run Course Design Text

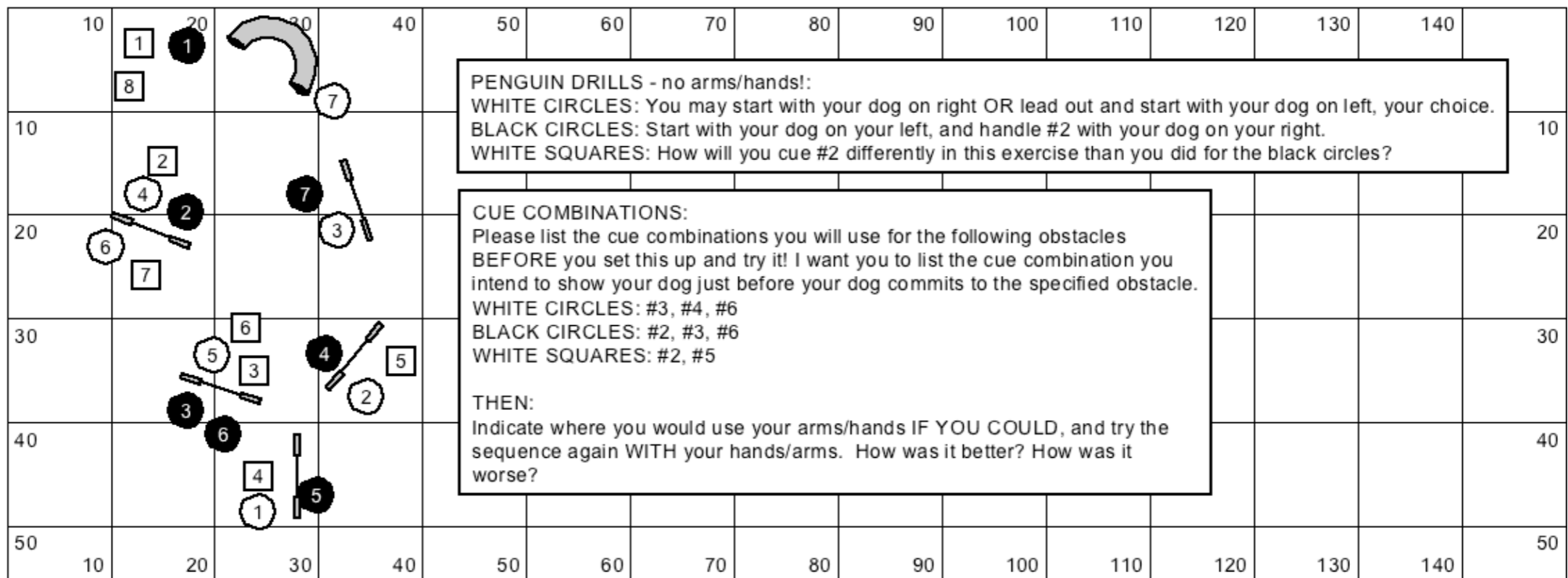
Copy and paste all of the following text in to CRCD for an editable course set up.

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At the beginning of each session of classes, we revisit the Six Basic Cues, and do what I call Penguin Drills - drills designed to help handlers focus less on their arms, and more on how their lower body communicates information to their dogs on course.

These Penguin Drills are useful in that they allow handlers to focus more closely on how their legs and shoulders are communicating information to their dogs.

Usually, when I ask somebody who is NOT a dog agility person to demonstrate motion, if they don't start TALKING about motion first, the first thing they do is wave their arms around. For dogs, that is NOT useful motion!



Activity 1 Diagram

Penguin Drills Fall 2012

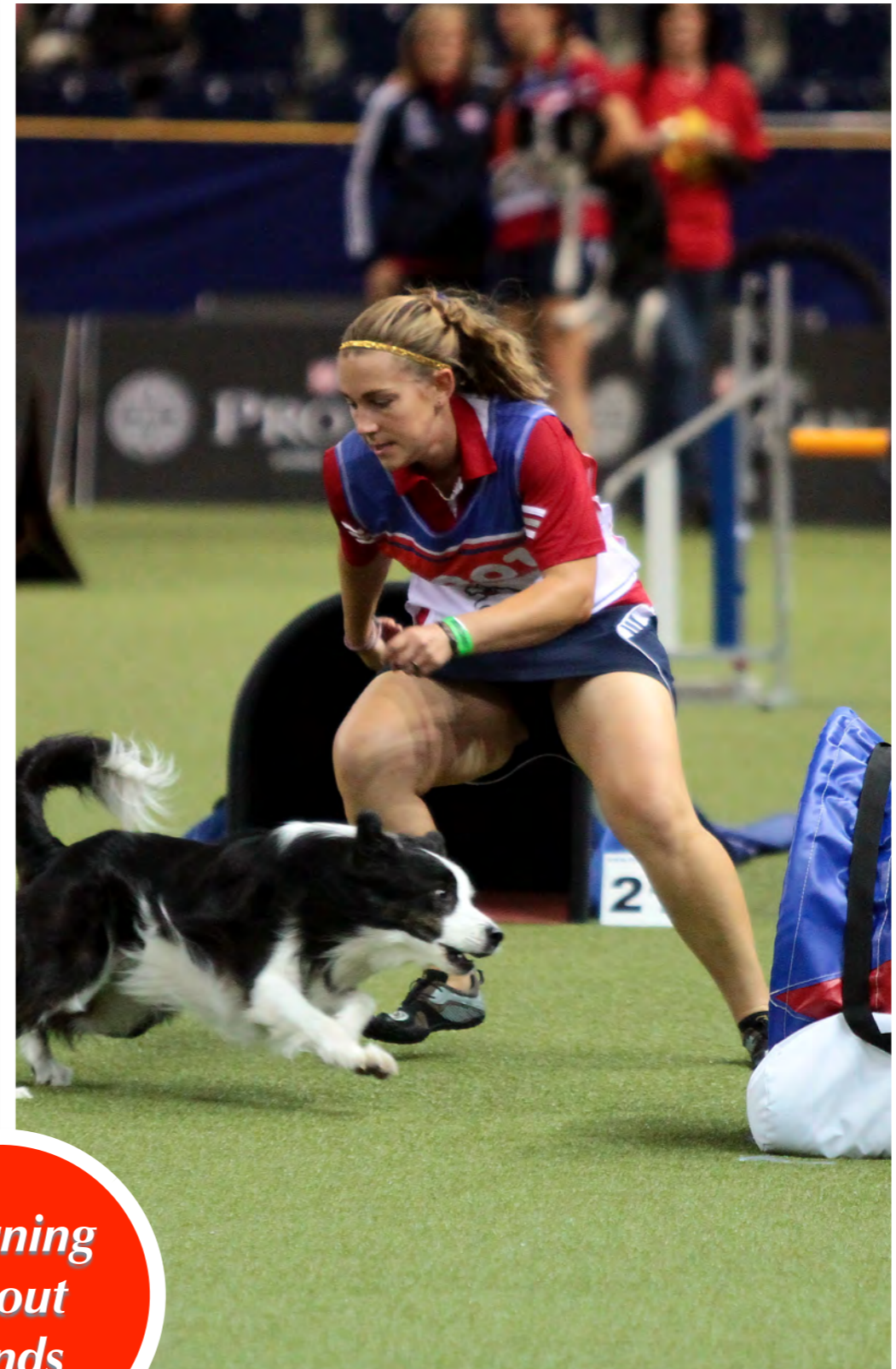


Here's the URL of the video:

<http://www.youtube.com/watch?v=WZUYKVYb1ko>

Week 2

In this week's exercises, we are discussing the idea of 'sends' - another topic that deserves to be hit upon again and again, and one that I address in each session of the Online Handling Class, in a different way, so that students can begin to generalize where 'sends' pop up on course. To learn more about what a send is, read on.



*Learning
About
Sends*

What Is A Send?

Here's the answer to my question, "What Is A Send?"
A send:



Another example of a send:



In both cases, my MOTION supports what comes AFTER the jump, rather than the jump itself. A send doesn't have much to do with lateral distance – in fact, I'm fairly close to the jump in both cases here, which makes it easier for the dog to know he's to take the jump.

If I were less physically capable, my sends would involve more distance from the jump, and I'd need to do

more training to improve my dog's commitment to the jumps. But, these are sends nonetheless.

A SEND IS WHEN YOUR PATH
DIVERGES FROM YOUR DOG'S PATH,
AND THEY NEED TO TAKE AN
OBSTACLE YOUR MOTION NO
LONGER SUPPORTS

From now on, I'm going to change up terminology so we can all be on the same page with our understanding of a "send".

From now on, I'm going to call a send a SPLIT, as that more closely describes what my path is doing relative to my dog's path.

A send is a SPLIT. It's when your path diverges from your dog's path, but you ask that they continue on their current path long enough to take the obstacle you've cued. You're not sending them away, you're SPLITTING.

And you're SPLITTING because your motion as you SPLIT will help the dog know where to go AFTER the obstacle...which means your motion probably doesn't support that obstacle but the NEXT one.

This is an important distinction, because most people, as part of a "send", step forward with their leg and reach with their arm. That's not a send, that's just forward cues! But if, in your mind, you're thinking, "cue the jump with arms and voice, but SPLIT with your body", how then will that affect your timing?

That's how I can get ahead of my dogs and stay ahead....I'm always SPLITTING.

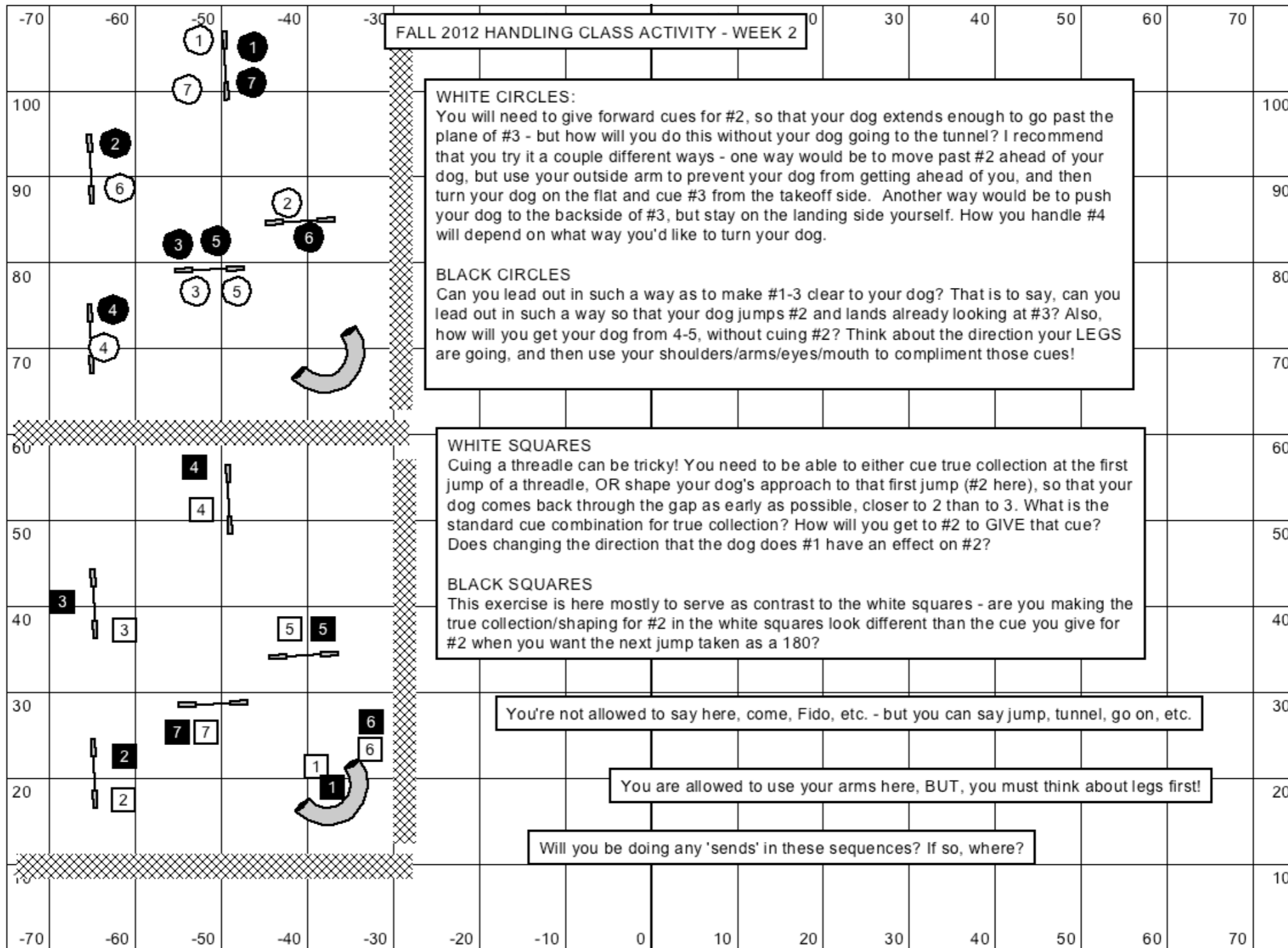
Activity 2 - Sends

Clean Run Course Design Text

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Activity 2 Diagram

Activity 2 Fall 2012

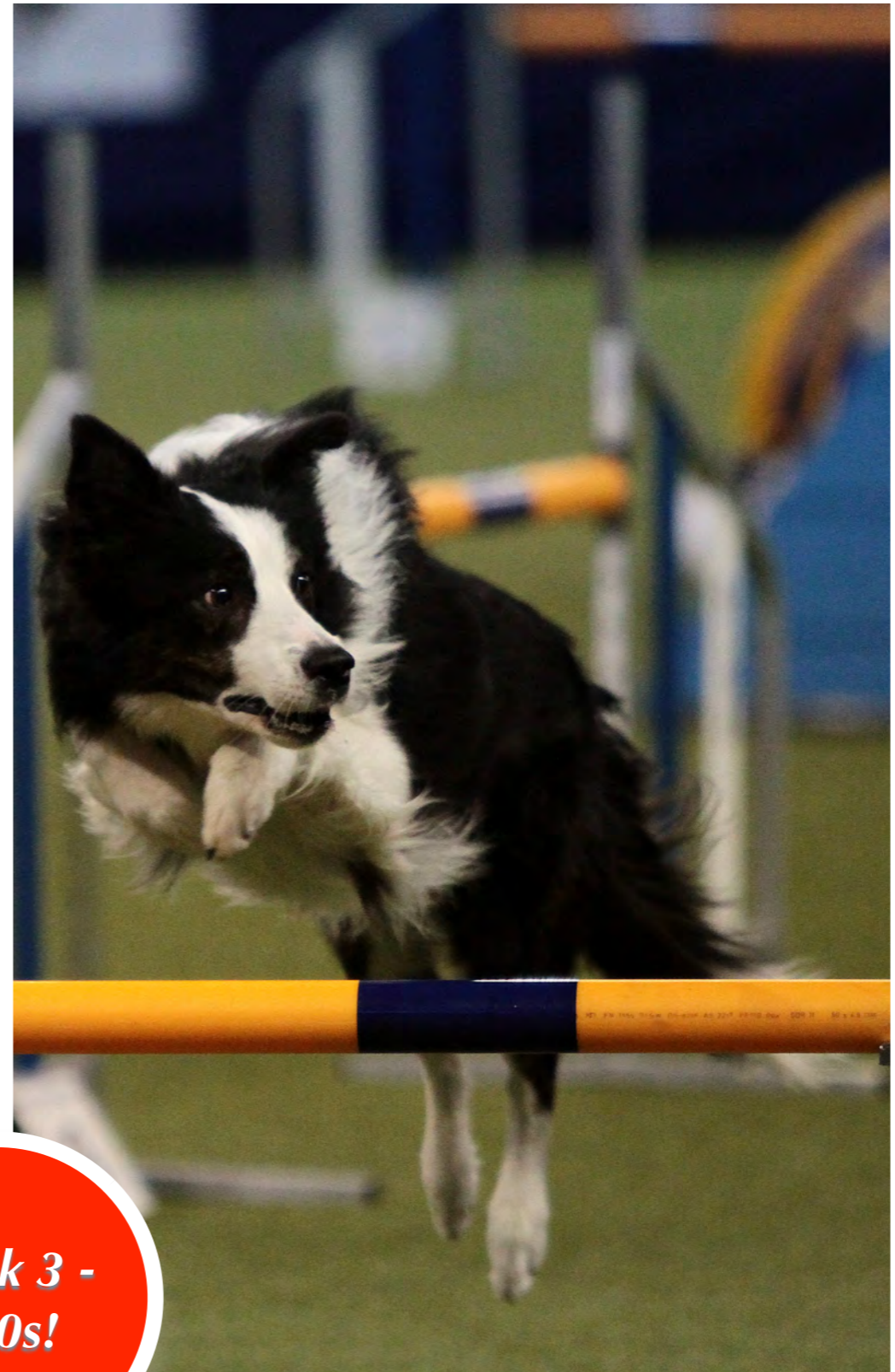


Here's the URL for the video:

<http://www.youtube.com/watch?v=NLAq8NfMksc>

Week 3 - 270s

This week is all about 270s. Getting in to them, getting out of them, big ones, little ones, different ways to handle them. In keeping with the theme of thinking of motion first, walk these sequences as though you are going to run them without arms first. Then, when you REALLY get stuck, and feel like you could REALLY use your arms, put them in to the mix.



**Week 3 -
270s!**

Activity 3 - 270s

Clean Run Course Design Text

Copy and paste all of the following text in to CRCD for an editable course set up.

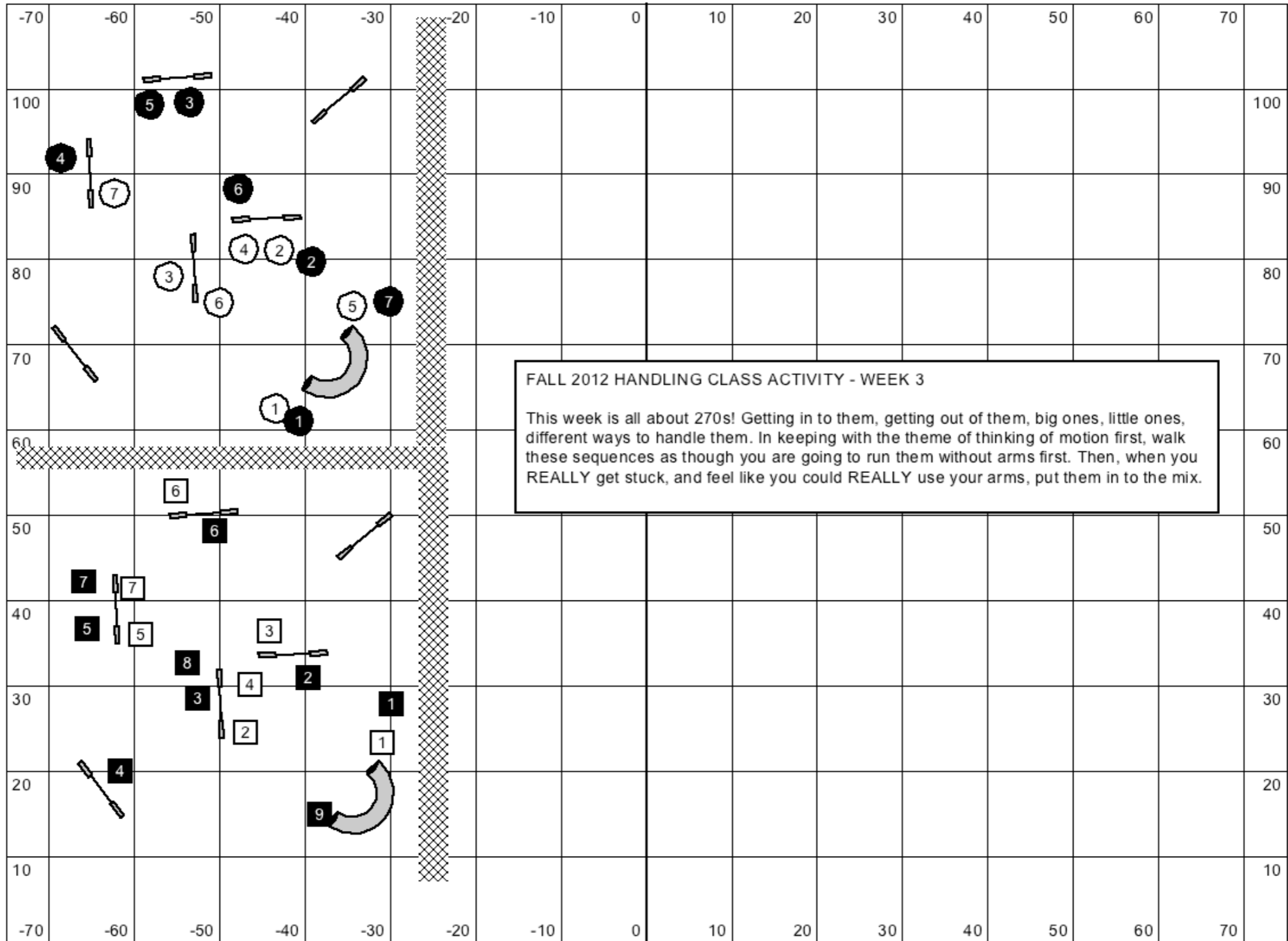
Begin Course Designer Version 3 For a free viewer, go to [## About this exercise](http://www.coursedesigner.com/viewerAASweJy1U0FvEkEYnW+AQrDRTUxqPRS+pqknJEBtg40HsLaV2FRiiaYeDLQMsAK7yC7WesJ/0JNnDuqZGBPjwUa91BhNevCgtxpjaxMTiYeWUgvoLuw0/gDnMJP3fd97b95k1wYeb2x6dYR0F/DFN5uDuAlQAJYbpLz2r8FrHs+3Xy8g/27dZfN4HSdt3tvA x9O9u/3vt+9sVU8Z5DAkfVcj0zoztHXswc5EO9EyWpUfVRCtp33TgVs7E9v/tSaM /Z7/0RCRwlmQlpVh6RJIWCfSIJmOzm5iKBAM4ZXI3OXZ6NwMTs5G5ucxMhmP3ojG F/As3pyauoojUoBIQUlc7nhW1nCZsRzyM5nPY3JRLesYGg9ogzjDdF1WMigrqKuoZ1nBh5luzZhS093ioswLCtN8mJd1Pc+6ICWn06zEFB2XkyuaoZFNKineNIh+jCqY Y6xoqC3Letaomh3WEZaVnGmUxoKqy6qCabmk6T6ulc8ZcxpDjd0tM2WJ8atz+axa zmRxRS1jssQwoxps7lkqK6asaWJcO1kqaB0xP8azTOGSfDeJ16f4Ey4YIVHTy0s5 H/ILY5qxPE+WY+bMklrOp6zJsmYWS6aoD4tc3vQST4YF+b7f7R6oDAPx2oFU2g8/ KQebUDfR4/YXcnrXQjXy0f6qaaFn5Lv9pfNo0vlnjVroc/un822HFwfyof2GXDzh cj7vOgR/P+n7bw5rxtcYa67vAAkOdFCYxPaAhLqovl/kf8dIF6G90gJyzuo50AZk tltqjY02kDFLpUmaQMYtnrvSC2A51Eh4D8ByiO0byHKoNyQbgOWwaZcOAUyFqtoB hIMr0ANgOVTb4X4qMIQaxTYVGVWJQbFKRod6qUyoykGb4kloMdZAaVGSohiYcVGGQI HE/0UJGheLDaonD0SghUZHh9QOxUZAi0Ag0qMhDnapOKDBuNDUpFhpqjwnnrXzO mlvChQHvX3TbVRE= End Course Designer</p></div><div data-bbox=)

This one may be a little more challenging for those of you who are wanting to turn your shoulders away from your dog unnecessarily.

For those of you who do that, you are going to see that your dog lands the 2nd jump of each 270° pointed in the wrong direction.

For others of you, if your dogs are staying pretty close to you, and still having a little bit of trouble going out to jumps away from you, you are going to actually WANT to soften up on facing your dog as they go around the 270°. Those dogs may actually come in the gap between the jumps if you give too many turning cues. So, it is going to differ for different teams!

Of course it will also differ based on the spacing of the jumps, and the speed of the dog. You may want run the sequences one time and decided the next time you need to give your dog more turning cues, but the very next time your dog is a little bit slower, and so you find that you're turning cues are actually too much. Make sure that you keep your eyes on your dog, and always be adjusting as necessary every second.



Activity 3 Diagram

Activity 3 Fall 2012



Here's the URL for the video:

<http://www.youtube.com/watch?v=vnpUxOxySj0>

Shoulder Presentation

Remember, if your dog isn't going forward, instead of waving your arms around, MOVE YOUR LEGS. It may seem obvious, but you'd be surprised how quickly many of us resort to arm flapping when a simple step would work!

*It's All
Relative*



Shoulders - It's All Relative

This week, we're going to work on our shoulder cues.

The presentation of your shoulders TO YOUR DOG is what matters. Sometimes, you need to actively rotate your shoulders to change the presentation of your shoulders relative to your dog, and other times, keeping your shoulders pointed in the same direction means that the presentation of your shoulders relative to your dog WILL change, because your dog's location relative to YOU is changing.

Think about your shoulder cues throughout the exercises – your shoulder presentation relative to the dog.

If you keep your shoulders pointed to one direction, is the presentation of your shoulders changing relative to your dog?

Is your dog seeing different presentations that match what they should see based on the cues you're giving? Many times, if we just keep our shoulders still and allow the presentation to change given our dog's changing location relative to us, it's much better than moving our shoulders, which disallows for the presentation to change.



Activity 4

Clean Run Course Design Text

Copy and paste all of the following text in to CRCD for an editable course set up.

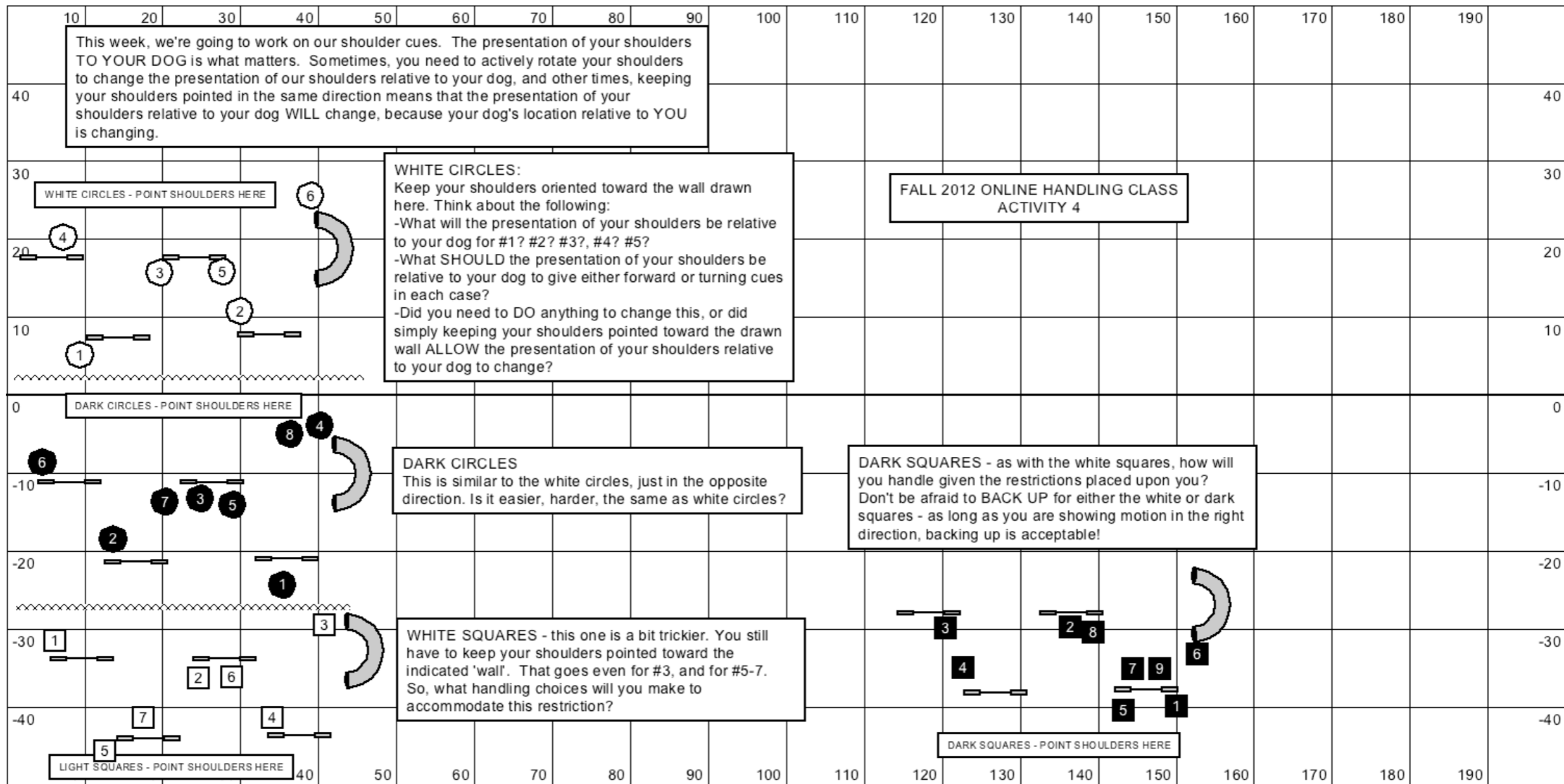
Begin Course Designer

Version 3

For a free viewer, go to www.coursedesigner.com/viewer

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Activity 4 Diagram

Activity 4 Fall 2012



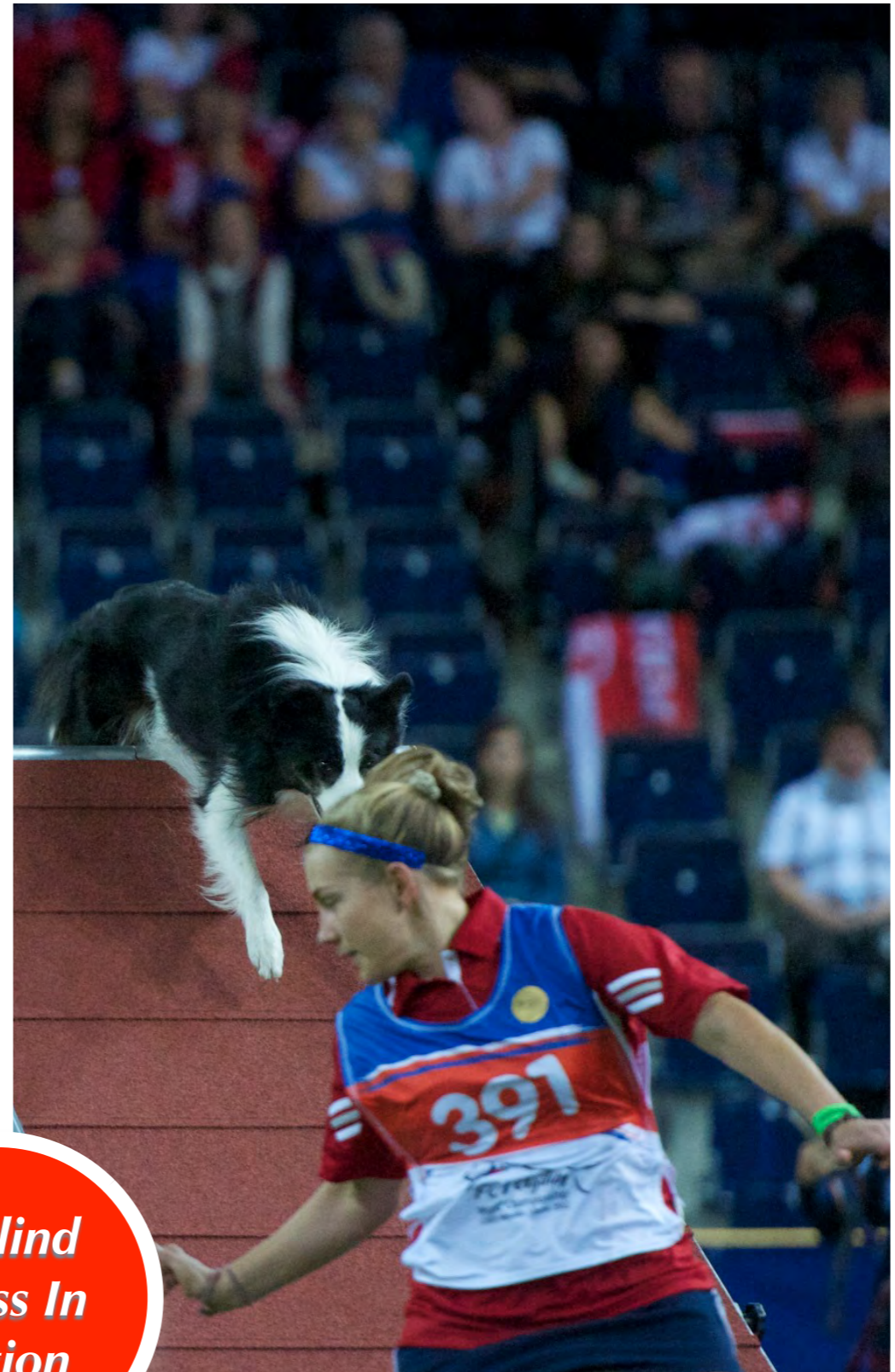
Here's the URL for the video:

<http://www.youtube.com/watch?v=BhAF1fVZxwc>

Blind Crosses

Even though blind crosses are fun, and can be a great way to economize your handling, like everything, they have their place and should NOT be OVER used. Familiarize yourself with them so you can say you're comfortable, and THEN decide if they're worth using in any given situation!

*A Blind
Cross In
Action*



Blind Crosses

to make sure I keep my dogs' understanding of a recall to heel and convergence strong.

Blind crosses rely heavily on SIDE CUES – which are something you need whether or not you ever do blind crosses! Your dog needs to recognize that the shoulder you're looking over, and the arm you have extended, tell the dog to get on THAT side of your body. So, making sure your side cues are strong is important, and if they're NOT strong, you'll see right away that even if you wiggle your arm around when you change it for a blind cross, your dog won't pick up on it as a cue.

A COUPLE OF WORDS ABOUT BLIND CROSSES:

Although blind crosses are something I use, like most handling maneuvers, they're not without their drawbacks. As usual, when you make one behavior strong, another one suffers. I rely heavily on my dogs' ability to converge on my path, and come to my heel, as taught by Linda Mecklenburg's handling and training – and blind crosses will, over time, diminish my dogs' ability to converge on my path, UNLESS I take the time

***Blind crosses rely heavily on
SIDE CUES – which are
something you need whether or
not you ever do blind crosses!***

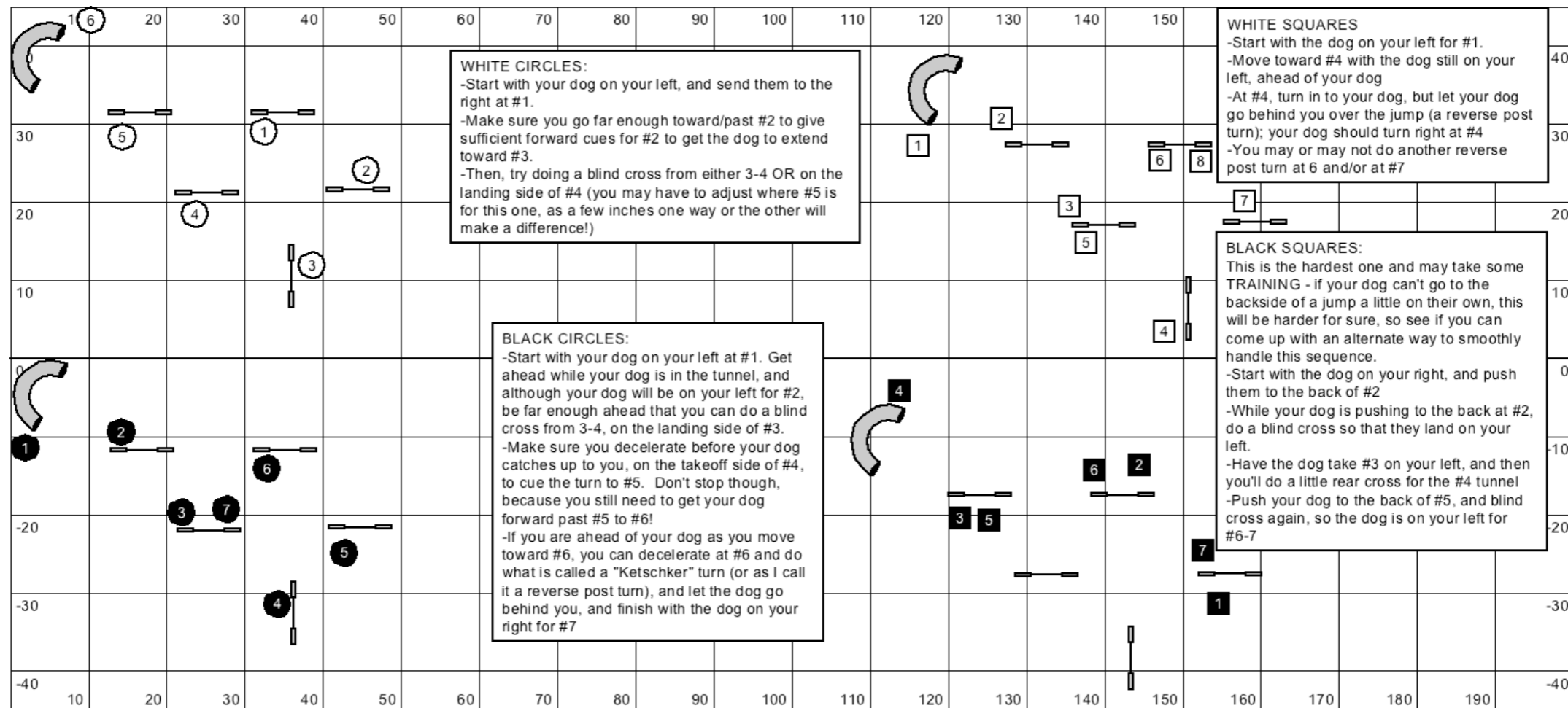
Activity 5

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End Course Designer

Clean Run Course Design Text

Copy and paste all of the following text in to CRCD for an editable course set up.

Begin Course Designer Version 3 For a free viewer, go to



Activity 5 Diagram

Activity 5 Fall 2012



Here's the URL for the video:

<http://www.youtube.com/watch?v=ecAj60rCIHg>

Subtle Changes, Big Results

Subtle differences in how you cue the same obstacles can yield different sequences and different results.

Can you make those subtle differences **OBVIOUS** to your dog, in a timely fashion?



***Make It
Obvious***

Activity 6

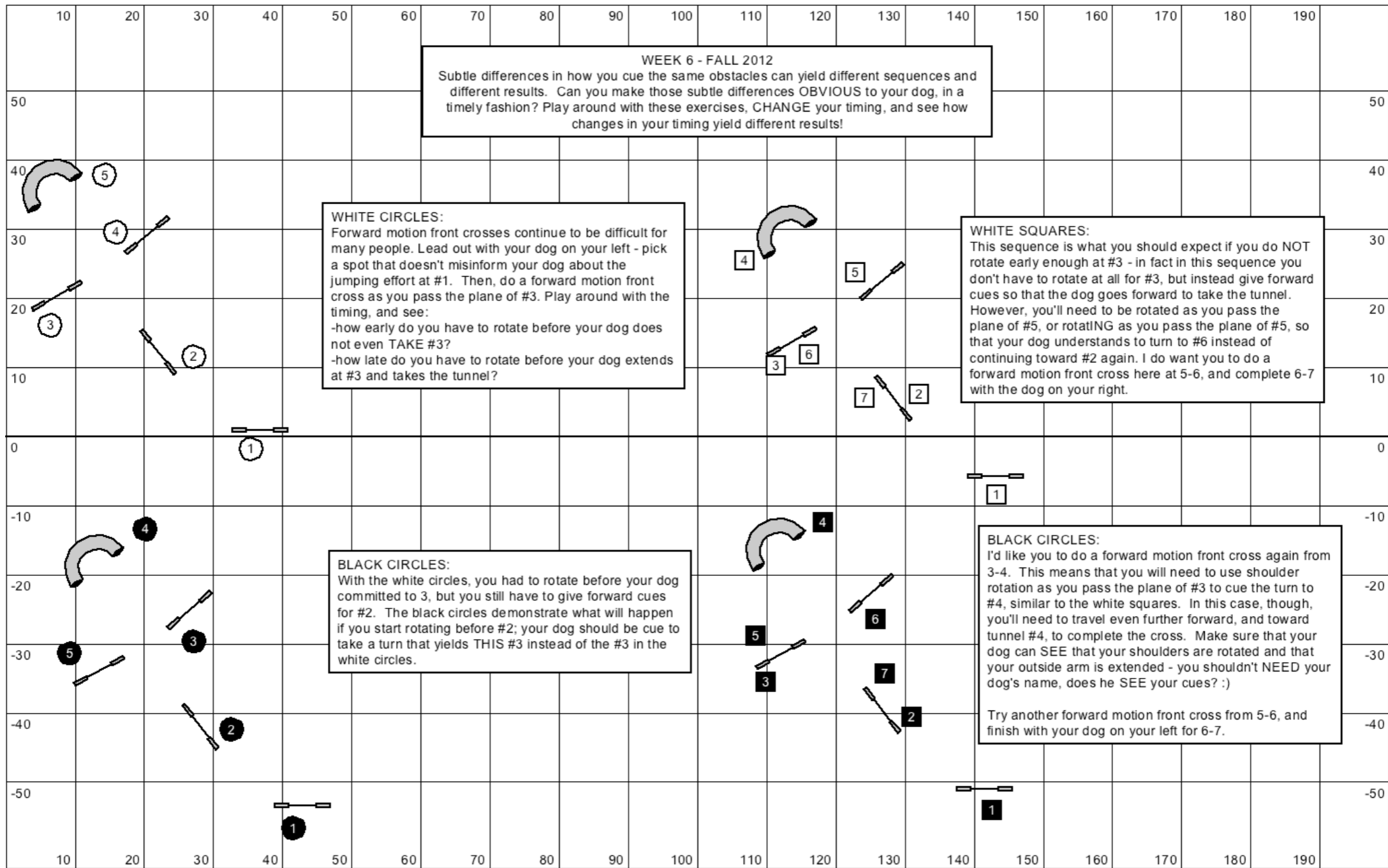
The idea in this week's activity is to **CHANGE** your timing, and see how changes in your timing yield different results.

“Good Timing” means that you are able to **VARY** your timing in accordance with varying circumstances. Just trying to “be earlier” or “be later” isn't good enough - you must strive to be earlier **OR** later, on demand, as circumstances demand.

Clean Run Course Design Text

Copy and paste all of the following text in to CRCD for an editable course set up.

Begin Course Designer Version 3 For a free viewer, go to [- 29 -](http://www.coursedesigner.com/viewerAAwieJyIVs9vE0cUnlkTElK9WEIth4rkoQilVI6VXwQpIRpCaohFmqTElFOITtaz3i3rnWVnFie3/Afl2CPHHnOo1FsVTu2pQj0h9WLEoUg91FIFJb+gb2Z/xCWQluFDsrOeee973/e9Ny6cHBza/uq7GZJ+KH7wT6GPFHFBaKFAG0MnHo0vDw4+/utH6v/y80BhcKjvVGFomuL2+2fvnyKISy4tzYWN5dpCbqkdJbcXKjVqzBfuz6/WF2dKY2R0jghxSsiarOoAS2hPBGAE4lAgR0JKbkEGxdeEHNQAtY4NDzH8ezYV+CICFos2ICQi9DnFVjkrAEiVtD2lAsblo6glZqAEc2zzx0FoxB69i1glEOhQLIM4R4ugxEFLU96AQZtHR5lazzqccj8E7dCL2gCd3CHAjw2PF4BqLs8KONWDOi8sQhgUoeEkOGzDhb6LOAgHBierMCKzzaARSIOGglwvUN5LcxWBoYvJeczVFXtIGzyN/Q2XQ0l90xnERCMcWRGgTAD6HrqiDAGvkdHk97loVs80mcXx94O3C8HXFg4Y0BU8aOlr4kkZK4C7s8Wz4SnKUIkD0n4/mtkv7w4N3/tiOw3s2rbroepbS+yfS7LKazGMahs0Wp5SnGzZ7lMa6iSPiWV5/t5SU0P/2ey2DGi1pYZnkh0gzWfoRPSrNDgLRFIfe10bW2LdhIq DJE+z0nDM9TeYNJeSFENT3xyiEy6lvYb2qh2YIINF7pDxVgQ2G3D4z4SWI+orWpKPUxqfOsYKsybo6RUeknufLz55xt7a/WLG3PXe0iuu55EC92OeWBzwGdTnKkmgcrXQ26rrER0xdJyPeM9MRwPRNx0UwuManwO0yc0zt7gyXndSq+Yck8yJNOwn6qVIX1UlykSnjQHmtGmSIQzOzJCD+1XgQXRRo9HxjcmCbgis9QgyR/45gGvFAGRGX21ZauHr8xQ5aLjS3LlZSFbhCNzGgsYHi6V9V0fmnDKGGKGJ4A1mReUIGa5rvNgkQQPPp/k8TlkaHzwuh0MhywE3D2lcfToxcPx0fv2lu8pqv+458xWvrgrZu0NtIA37vF3xah qUy/acHk6JRpnfRi7NA5uwlvZXpFEueepGnSuiYx8xMfch0lzFBYvkU6oND02eRkSjvIHk7ZhE2EEAt9avNJC/jozb1EdPgAljD/WRoOnGEcaKs2oTwVMPEfCatRpOpPMaHjDf59qoMo74K66xWQCr1WrP26x6ZC/qMa3Olu/Bi0h6DRQf7ycslpnLuGu0p5d16y1Vq5/luUbwCmAtXk5uA8Sm85ovdavNwsz5YrEe4fWDF0VPPa/T1Sia287x Ak+6x120utnRkxXodd6VR/B76rzNcz2Tq1q9BtNYypW5xUWYGBufKKFHtftW4zXl J5c+Oh+HjNRjR99huurMBBJrBLGGnWhGuSbYTNn8nMqHIDTwD9+jNfC3hJZrnhn4+JPCzBehXXk0+/LlL2vLN1a16FndZQ2J6Sub47B0mHSRu9nX3usYk6/zyPakvufm F+aWrqZ6vHLhmxJtlwXNpOKePUdKS0s4WzyzeQ6JrIPyLbn/23rfQP8PZOgEJY9fnqfuQld2zerhSzjZ2ctWU2SbdPuzFSHdkyt9ZmWi/PH3k/53j/LP4NBHD989zNXu94V3ivKT/hm78mv3CSXjZ5IV7G/vUDKRri496xxQMpmuwhNb+N1U9t1L2KfkQrp68N5KmdlSyO9IR1KsyjhAdmINluytf/1c0qzKJ3dcIDSPMqnl55aOZbt3bEdK8ey8qz0wsqxdA46z60cy2b/A2LIWDr7d/ssMp1FKXQti1xMV/cGuh9aOc67u1s7Vo4Tnt07sHKcncLYUyvHGe5t9Vs5ThjovLBoluEe2SpYFDP8C1fk2C0= End Course Designer</p></div><div data-bbox=)



Activity 6 Diagram

Activity 6 Fall 2012



Here's the URL for the video:

<http://www.youtube.com/watch?v=RzLb4JKGTPA>

Eye Of The Storm

Here's an exercise that I like to do every so often to see where my dogs' jumping skills are at. And given that this week coincided with Superstorm Sandy, I figured that the name was appropriate as well.

A black and white dog, possibly a Border Collie, is captured in mid-air, jumping over a hurdle. The dog's body is horizontal, and its front legs are tucked under its chest. The background is a blurred outdoor arena with spectators and other hurdles.

Jumping Skills Drill

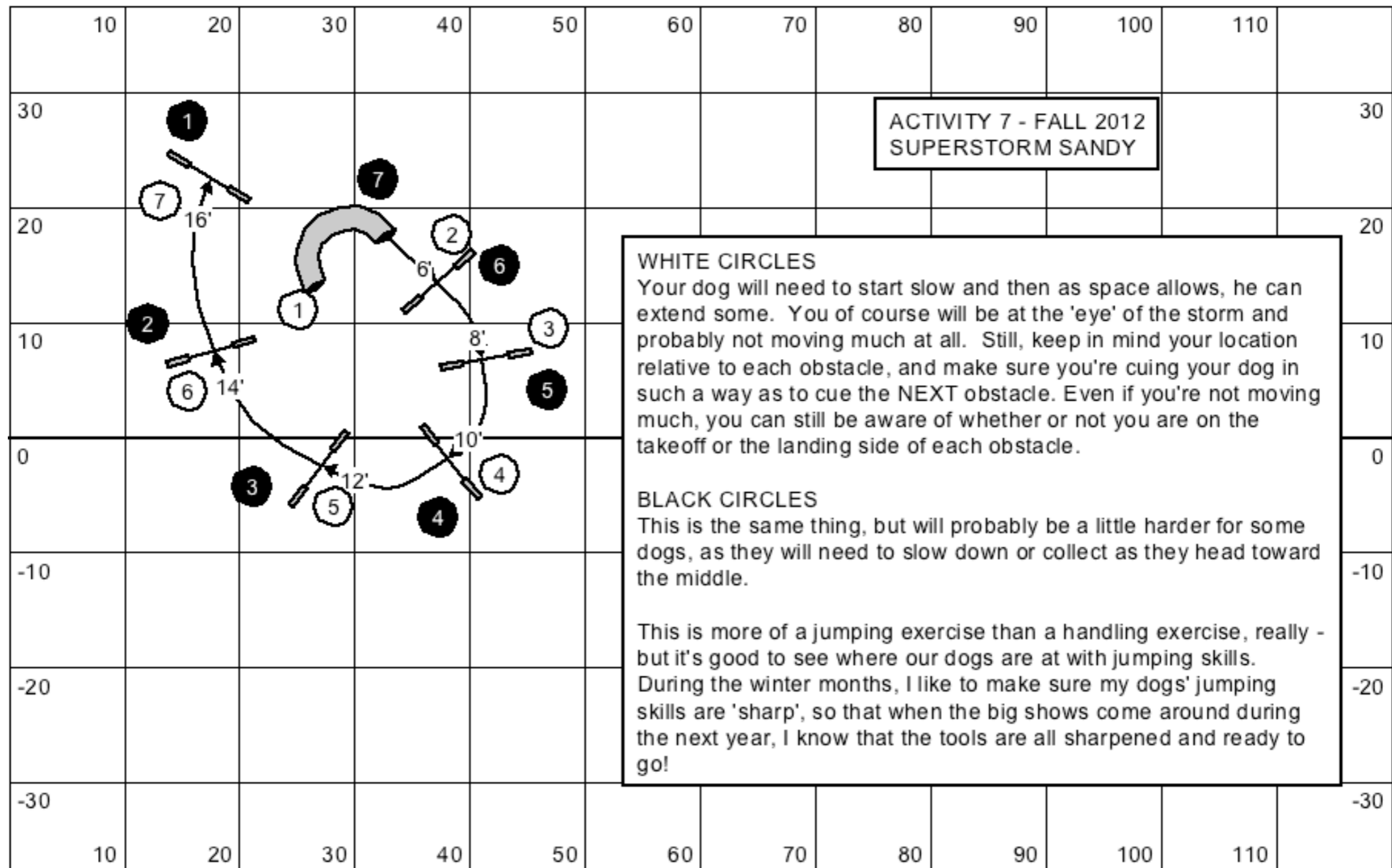
Activity 7

Clean Run Course Design Text

Copy and paste all of the following text in to CRCD for an editable course set up.

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Course Designer



Activity 7 Diagram

Activity 7 Fall 2012



Here's the URL for the video:

<http://www.youtube.com/watch?v=5G2H8YGhLkQ>

Trouble Nearby

This last activity was inspired by a USDAA Grand Prix course I ran in late Fall 2012. Enjoy!

*Running a
USDAA GP
SemiFinal
Course*



Trouble Nearby

This activity was inspired by a great USDAA Grand Prix local qualifier, designed by Judge K. Verrelli.

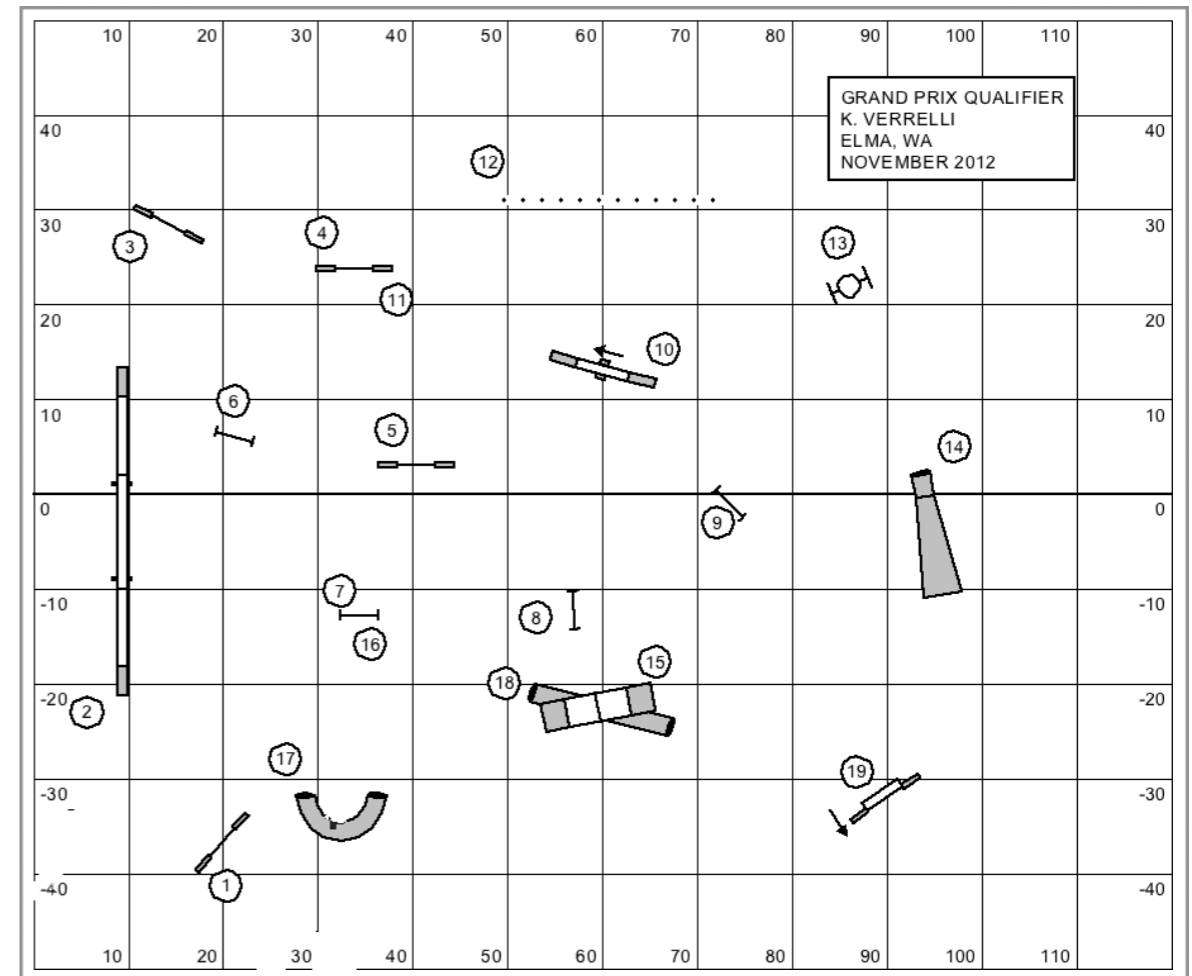
It was a lot of fun to run and made for great material for sequences for the Classroom.

Dog after dog went in to the #18 tunnel after #7. Several dogs also went in to the tunnel after the chute.

So, how will you solve the similar problem, posed in the white circles in the following sequences?

The actual course

Here's the actual course:

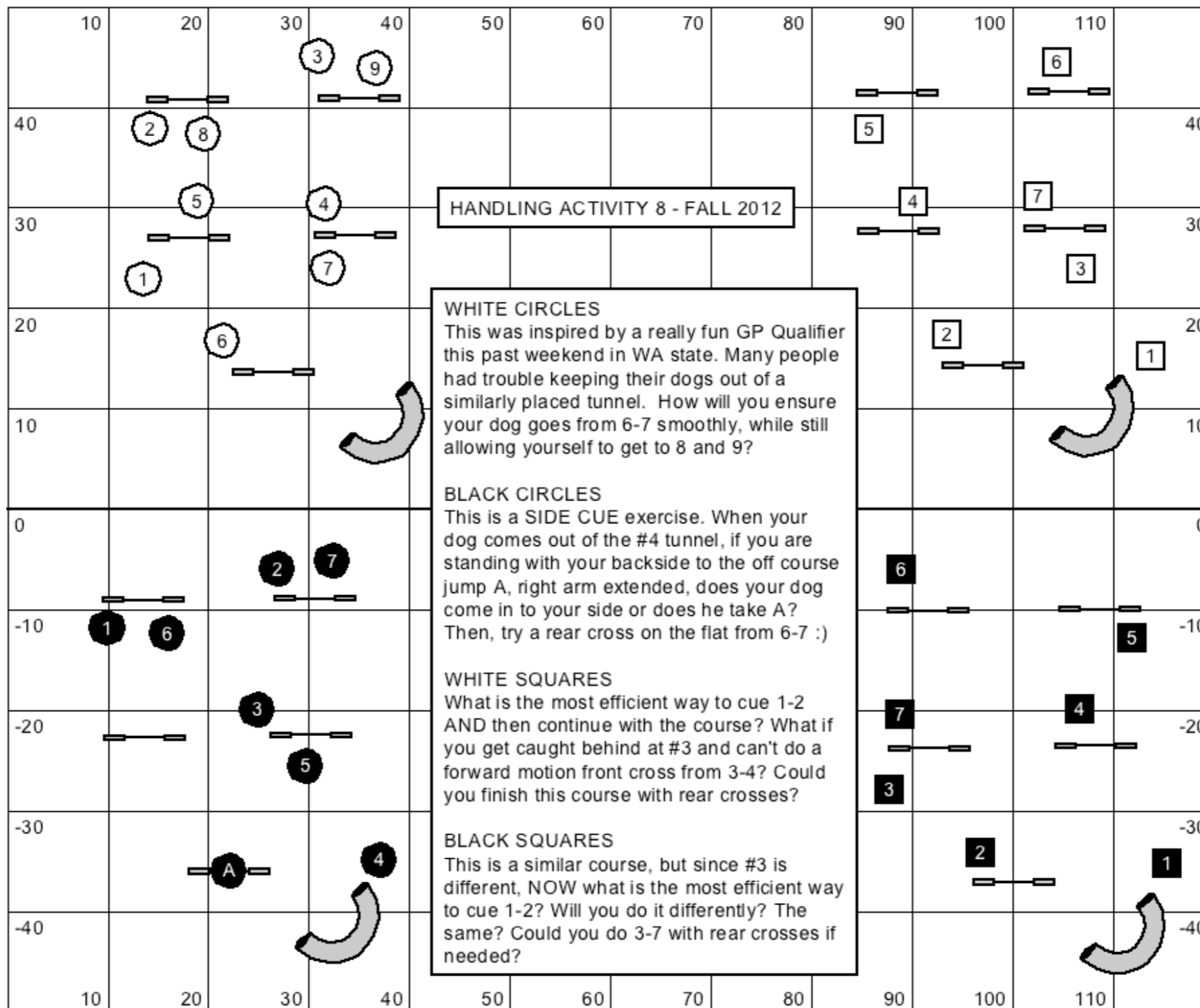


Activity 8

Clean Run Course Design Text

Copy and paste all of the following text in to CRCD for an editable course set up.

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Activity 8 Diagram

Activity 8 Fall 2012



Here's the URL for the video:

<http://www.youtube.com/watch?v=Z27Ir-9BDpg>

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